

## Pilot Oral Health Outreach at Langalanga Comprehensive School

Our recent pilot outreach at Langalanga Comprehensive School marked a meaningful step forward in advancing our mission of promoting oral wellness in high-fluoride regions.

### What We Did:

- **Interactive Education:** Students participated in fun, practical oral health training sessions—learning essential habits like proper brushing techniques and the importance of regular dental care.
- **Hygiene Kit & Calendar Distribution:** Every child received a toothbrush, fluoride toothpaste, and a personalized brushing calendar to track twice-daily brushing and build lasting routines.
- **Joyful Engagement:** Thanks to generous sponsors, we included healthy snacks, adding delight and energy to the learning experience.
- **Community Partnership:** The school staff graciously prepared lunch for our team, embodying true partnership. Meanwhile, teachers energetically supported our efforts throughout the day—creating a nurturing atmosphere where every child felt valued.

### Our Impact:

- **Fluorosis Detection & Support:** We identified the first group of students affected by dental fluorosis. These children will now begin restorative treatment to brighten their smiles and nurture their confidence, a transformative milestone.
- **Empowering Students & Teachers:** This pilot aligns with proven strategies emphasizing interactive learning and teacher involvement, which have been shown to significantly improve students' oral health knowledge and habits.

### Why It Matters:

- **Building Healthier Futures:** By combining hands-on education, preventive measures, resources, and early detection, we're laying foundations for lifelong oral health.
- **Expanding Reach:** This pilot affirms the power of community-school collaboration in addressing fluoride-related dental conditions and fostering wellness in underserved areas.

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### What's Next:

We're excited and committed to building on this success—scaling our model to reach more schools and communities impacted by excessive fluoride. Together with partners, educators, and families, we'll continue creating healthier, happier futures for children.